

# Where do they fit?

## Worksheet 2

Autism



We want our children to flourish in the best way they can. If they can't flourish, we want them to be safe and as well cared for as possible.

Do this for each child in your family and then for yourselves.

How can you find where your child 'fits'? Think back and recall what is happening when they seem settled/content. Become an 'impartial observer' for a few days to see:

- what do they like to do?
- in what situations are they happy?
- what seems to calm them?
- what do they like to play or interact with?
- where are they very capable/have talents (what are their superpowers)?

**See next page for the lists. Type or write (if you have printed the worksheet) your own thoughts/information below in the digital textbox (click box to start typing). ALL PDF's WILL HAVE TO BE DOWNLOADED AND SAVED ON YOUR COMPUTER FOR YOUR TEXT TO SAVE, THE WEB BROWSER WILL NOT SAVE YOUR TEXT. ONCE YOU HAVE CLICKED THE PDF YOU WILL THEN NEED TO DOWNLOAD AND SAVE.**

**Make a list of 10 things your child seem genuinely happy doing:**

**List of family members/acquaintances who like to do the same who would help. Or, places they may be able to contribute/hold a job.**