

True Caring Worksheet 3

Autism



Needing to show we care and that we are good and compassionate human beings can get in the way of being just that. As difficult as it can seem to be, practical action that keeps the child and others safe is what must come first (after never-ending love, of course).

Is there something you need to do with or for your child that will serve everyone in the house better? Sleep issues? Medications? Safe spaces? Private spaces?

What I could do (or try) to see if it improves the situation for everyone:

Make a Pro's/Con's list to help you decide if what you are thinking is a good idea.

Pro's

Con's